KOTA ANNUAL CONFERENCE
September 19-21, 2019
Hilton Garden Inn
Manhattan, Kansas
Welcome to the 2019 KOTA Annual Conference!

Conference highlights include:

- Receive up to **20 CEUs** for a very low cost to meet your licensing needs for the 2019-2021 cycle.
- **Lunch** provided Friday and Saturday.
- Win many fabulous **door prizes** and participate in the **raffle** to benefit the Gloria Scammahorn Memorial Endowed Scholarship Fund, OT and OTA education programs, and KOTA endeavors.

A Note From the Conference Chair

Welcome to the 2019 KOTA annual conference. I am pleased to have remained in the role of the Education Officer / Conference Chair and plan to continue my role for the next several years. The theme this year is Creating Balance. With the recent changes in health care, and further upcoming changes within the next 6 months, work life balance is becoming increasingly difficult. Although we may educate our patients and clients on the importance of these habits, we often fail to follow these things in our own professional and personal lives. This year we are hoping you will walk away with some tips and ideas for helping you find a healthy work life balance so that we can provide the best level of care to all who we serve.

The conference committee reviewed the surveys that were completed after last year’s conference. We took your recommendations and opinions about what you liked or didn’t like and made changes accordingly. We have incorporated some new ideas this year including adding in some “fun” vendors, a relaxed Thursday evening session, and more raffle opportunities. We also changed areas that appeared to cause high stress and were generally not a pleasant experience for attendees such as revamping our vendor luncheon.

Be sure to follow us on social media as we will update in the weeks leading up to conference with sneak peeks and more information on our speakers. Facebook live events are also planned throughout conference.

I am pleased to report that the 2020 KOTA Conference will be held in Olathe, KS at the Embassy Suites on Sept 17-19. Our theme next year will be “Expanding your Toolbox” and we hope to bring you topics and presentations that will help you to advance your skills in your practice. If you have any ideas about topics you would like to hear about, please fill out our post conference survey or reach out to a committee member directly.

I look forward to meeting everyone this year! Please feel free to contact me at amyadamsonot@gmail.com with any questions, concerns, or suggestions. I look forward to meeting everyone. Thank you for joining us this year!

Amy Adamson
KOTA Education Officer

**SPECIAL THANKS TO 2019 KOTA CONFERENCE COMMITTEE MEMBERS:**
CHAIR AMY ADAMSON, THERESA BUKATY-CHOP, LaDESSA FORREST, MARNIE SELSTEDT, LYNETTE HOFER, STACEY CHILDERS-TEEPLE, KAYTLIN HOELTING, AND JOHN SIMMARD II

Hotel Accommodations

**HILTON GARDEN INN**
410 South 3rd Street
Manhattan, KS  66502

Room reservations are available at the Hilton Garden Inn at a rate of $119.00 per night. Please call 785-532-9116 and mention group Kansas Occupational Therapy Association or click here to make your reservation in the KOTA block of rooms by the cut off date of August 20, 2019 or before rooms are sold out.
**Conference At A Glance**

### Thursday, September 19

5:00-6:00 pm  
**Registration**

6:00-8:00 pm  
**BREAKOUT SESSION (2 CEUs)**  
*Momma Told Me There’d Be Days Like This: Finding Stability in Stressful Times*  
Mark Mayfield, CSP, CPAE

### Friday, September 20

7:00-8:00 am  
**Registration & Continental Breakfast**

8:00-9:00 am  
**Keynote: Rise Above: New Day, New Way**  
(1 CEU)  
Wendy Hildenbrand, PhD, MPH, OTR/L, FAOTA

9:15 am-12:30 pm  
**BREAKOUT SESSION (3 CEUs)**  
*Pain Management Across the Lifespan & the Opioid Crises*  
Donna Costa, DHS, OTR/L, FAOTA  
*Every Moment Counts: Promoting Participation and Mental Health Throughout the Day (Part I)*  
Susan Bazyk, PhD, OTR/L, FAOTA  
Carol Conway, MS, OTR/L  
*Evidence in Everyday Practice for OTAs (and others)*  
Melissa J. Tilton, OTA, BS, COTA, ROH

12:45-1:45 pm  
**VENDOR LUNCHEON**  
(1 CEU)

2:00-5:15 pm  
**BREAKOUT SESSION (3 CEUs)**  
*Fall Prevention*  
Donna Costa, DHS, OTR/L, FAOTA  
*Every Moment Counts: Promoting Participation and Mental Health Throughout the Day (Part II)*  
Susan Bazyk, PhD, OTR/L, FAOTA  
Carol Conway, MS, OTR/L  
*Practitioner’s Mental Health and Coping Strategies*  
Lynette Hofer, COTA/L  
Melissa Smith, COTA/L

5:30-7:30 pm  
**Roundtables**  
(2 CEUs)

7:15-9:00 pm  
**Evening Social**

### Saturday, September 21

7:00-8:00 am  
**Registration and Continental Breakfast**

8:00-9:00 am  
**Keynote: Richard Cornejo, Burn Survivor**  
(1 CEU)

9:15 am-12:30 pm  
**BREAKOUT SESSION (3 CEUs)**  
*Assistive Technology: Expanding Opportunities for All*  
Tammy Bruegger, MSEd, OTR/L, ATP  
*Upper Extremity Rehab*  
Brian Mills, MOTR/L, IFE, CEAS, CHT  
*Shared Responsibilities for Workplace Resilience*  
Nancy Spangler, PhD, OTR/L  
*KOTA Luncheon**  
(2 CEUs)

12:35-2:45 pm  
**Awards, Raffle Winners & KOTA Annual Membership Meeting**

3:00-5:15 pm  
**BREAKOUT SESSION (2 CEUs)**  
*School Based Therapy: Working within a Multi-Tiered System of Support*  
Deanna Thorne, OTD, OTR/L  
*The Bossy Bladder—Pelvic Health*  
Krista Covell, OTR/L, BCB-PMD  
*Understanding Patient Driven Patient Model (PDPM)*  
Sabrena McCarley, MBA-SL, OTR/L, CLIPP, RAC-CT
MEMBERSHIP APPLICATION

MEMBERSHIP BENEFITS
- Registration Discount at KOTA Conference
- OT Representation of legislative issues
- Online KOTA Directory... a GREAT Networking tool!
- KOTA’s Quarterly Newsletter, The Connection
- Access to “Members Only” section of the KOTA website
- MEMBERSHIP DOES NOT INCLUDE CEU MANAGEMENT SERVICES

MEMBER INFORMATION
Please type or print neatly; Fill in all areas:

Name____________________________________ License Number________________________
Home Address________________________ City, St Zip________________________
Home Phone_________________________ Cell Phone________________________
E-Mail Address________________________
Employer______________________________

☐ JOIN OR RENEW AND GET A HALF PRICE MEMBERSHIP FOR A FRIEND!
With any current or new member paying full price get one new membership at half price!
- Two current members are not eligible for this promotion.
- Must send both applications in at one time and must note name of second member on each application.
Name of Second Member:

MEMBERSHIP CATEGORIES

Occupational Therapist..........$70.00
New Grad.........................$45.00
(Grad date less than 1 year ago)

School________________________
Grad Date____________________

Occupational Therapy Assistant.....$60.00
New Grad............................$40.00
(Grad date less than 1 year ago)

School________________________

Grad Date____________________

Associate*.............................$60.00
* Must show full membership in another OT state association.

Student*...............................$20.00
* If student, must list school affiliation:

PAYMENT INFORMATION
Please fill check out to KOTA

☐ Check Check # __________
REGISTRATION

ONLINE REGISTRATION IS AVAILABLE AT: HTTP://WWW.KOTAONLINE.ORG/EVENTS/

KS License #________________________________ Name __________________________

Full Home Address _______________________________________________________________
_________________________________________________________________________________

Daytime Phone _____________________________ Evening Phone __________________________

Fax Number_________________________________________ Email ____________________________

CONFERENCE PACKAGE

Includes Thursday night, Friday and Saturday sessions, 20 CEUs

<table>
<thead>
<tr>
<th></th>
<th>Early by 8/30</th>
<th>Regular 8/31-9/13</th>
<th>At Door or After 9/13</th>
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</thead>
<tbody>
<tr>
<td>KOTA Member</td>
<td>$250</td>
<td>$300</td>
<td>$350</td>
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<tr>
<td>Non-member</td>
<td>$370</td>
<td>$420</td>
<td>$470</td>
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SINGLE-DAY REGISTRATION

Thursday Night Postmarked by: All attendees (2 CEUs)

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<th>After 9/13 or At the Door</th>
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<tr>
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<td>Non-Member</td>
<td>$150</td>
<td>$175</td>
<td>$200</td>
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Friday Only

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</thead>
<tbody>
<tr>
<td>KOTA Member</td>
<td>$150</td>
<td>$175</td>
<td>$200</td>
</tr>
<tr>
<td>Non-Member</td>
<td>$210</td>
<td>$235</td>
<td>$260</td>
</tr>
</tbody>
</table>

Saturday Only

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</tbody>
</table>

CEUs will be awarded according to registered hours by participant. All sessions, including working lunches, are included in registration fee.

SPECIAL NEEDS/Accommodations

We will make every effort to meet your special needs. Please contact Judy Swanson (judy@kotaonline.org) at the KOTA office to request special accommodations.

If you would like a vegetarian or gluten-free lunch, please check below.

☐ Vegetarian Lunch ☐ Gluten-Free Lunch

PAYMENT INFORMATION

☐ Check Enclosed ☐ Visa ☐ MasterCard ☐ Discover

Card Number_________________________________________ Exp_________________________

Name on card_________________________________________ Signature____________________

CANCELLATION POLICY: Deadline for refund/cancellation requests is September 12. Notice of refunds received by September 12 will be given less a $25 administrative fee. ABSOLUTELY NO REFUNDS will be issued after September 13, 2019.

Return registration and payment to
KOTA, 825 S. Kansas Avenue, Suite 500, Topeka, Kansas 66612
or Register Online at: http://www.kotaonline.org/events/conference.htm