



**KOTA ANNUAL CONFERENCE**

**September 19-21, 2019**

**Hilton Garden Inn**

**Manhattan, Kansas**

## WELCOME

Welcome to the 2019 KOTA Annual Conference!

Conference highlights include:

- Receive up to **20 CEUs** for a very low cost to meet your licensing needs for the 2019-2021 cycle.
- **Lunch** provided Friday and Saturday.
- Win many fabulous **door prizes** and participate in the **raffle** to benefit the Gloria Scammahorn Memorial Endowed Scholarship Fund, OT and OTA education programs, and KOTA endeavors.

## A NOTE FROM THE CONFERENCE CHAIR



Welcome to the 2019 KOTA annual conference. I am pleased to have remained in the role of the Education Officer / Conference Chair and plan to continue my role for the next several years. The theme this year is Creating Balance. With the recent changes in health care, and further upcoming changes within the next 6 months, work life balance is becoming increasingly difficult. Although we may educate our patients and clients on the importance of these habits, we often fail to follow these things in our own professional and personal lives. This year we are hoping you will walk away with some tips and ideas for helping you find a healthy work life balance so that we can provide the best level of care to all who we serve.

The conference committee reviewed the surveys that were completed after last year's conference. We took your recommendations and opinions about what you liked or didn't like and made changes accordingly. We have incorporated some new ideas this year including adding in some "fun" vendors, a relaxed Thursday evening session, and more raffle opportunities. We also changed areas that appeared to cause high stress and were generally not a pleasant experience for attendees such as revamping our vendor luncheon.

Be sure to follow us on social media as we will update in the weeks leading up to conference with sneak peeks and more information on our speakers. Facebook live events are also planned throughout conference.

I am pleased to report that the 2020 KOTA Conference will be held in Olathe, KS at the Embassy Suites on Sept 17-19. Our theme next year will be "Expanding your Toolbox" and we hope to bring you topics and presentations that will help you to advance your skills in your practice. If you have any ideas about topics you would like to hear about, please fill out our post conference survey or reach out to a committee member directly.

I look forward to meeting everyone this year! Please feel free to contact me at amyadamsonot@gmail.com with any questions, concerns, or suggestions. I look forward to meeting everyone. Thank you for joining us this year!

Amy Adamson  
KOTA Education Officer

**SPECIAL THANKS TO 2019 KOTA CONFERENCE COMMITTEE MEMBERS:  
CHAIR AMY ADAMSON, THERESA BUKATY-CHOP, LaDESSA FORREST, MARNIE SELSTEDT, LYNETTE HOFER,  
STACEY CHILDERS-TEEPLE, KAYTLIN HOELTING, AND JOHN SIMMARD II**

## HOTEL ACCOMMODATIONS

### HILTON GARDEN INN

410 South 3rd Street  
Manhattan, KS 66502

Room reservations are available at the Hilton Garden Inn at a rate of \$119.00 per night. Please call 785-532-9116 and mention group Kansas Occupational Therapy Association or [click here](#) to make your reservation in the KOTA block of rooms by the cut off date of August 20, 2019 or before rooms are sold out.

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# CONFERENCE AT A GLANCE

## Thursday, September 19

- 5:00-6:00 pm **Registration**
- 6:00-8:00 pm BREAKOUT SESSION (2 CEUs)  
**Momma Told Me There'd Be Days Like This: Finding Stability in Stressful Times**  
Mark Mayfield, CSP, CPAE

## Friday, September 20

- 7:00-8:00 am **Registration & Continental Breakfast**
- 8:00-9:00 am **Keynote: Rise Above: New Day, New Way**  
(1 CEU)  
Wendy Hildenbrand, PhD, MPH, OTR/L, FAOTA
- 9:15 am-12:30 pm BREAKOUT SESSION (3 CEUs)  
**Pain Management Across the Lifespan & the Opioid Crises**  
Donna Costa, DHS, OTR/L, FAOTA  
**Every Moment Counts: Promoting Participation and Mental Health Throughout the Day (Part I)**  
Susan Bazyk, PhD, OTR/L, FAOTA  
Carol Conway, MS, OTR/L  
**Evidence in Everyday Practice for OTAs (and others)**  
Melissa J. Tilton, OTA, BS, COTA, ROH
- 12:45-1:45 pm **VENDOR LUNCHEON** (1 CEU)
- 2:00-5:15 pm BREAKOUT SESSION (3 CEUs)  
**Fall Prevention**  
Donna Costa, DHS, OTR/L, FAOTA  
**Every Moment Counts: Promoting Participation and Mental Health Throughout the Day (Part II)**  
Susan Bazyk, PhD, OTR/L, FAOTA  
Carol Conway, MS, OTR/L  
**Practitioner's Mental Health and Coping Strategies**  
Lynette Hofer, COTA/L  
Melissa Smith, COTA/L
- 5:30-7:30 pm **Roundtables**  
(2 CEUs)
- 7:15-9:00 pm **Evening Social**

## Saturday, September 21

- 7:00-8:00 am **Registration and Continental Breakfast**
- 8:00-9:00 am **Keynote: Richard Cornejo, Burn Survivor**  
(1 CEU)
- 9:15 am-12:30 pm BREAKOUT SESSION (3 CEUs)  
**Assistive Technology: Expanding Opportunities for All**  
Tammy Bruegger, MEd, OTR/L, ATP  
**Upper Extremity Rehab**  
Brian Mills, MOTR/L, IFE, CEAS, CHT  
**Shared Responsibilities for Workplace Resilience**  
Nancy Spangler, PhD, OTR/L
- 12:35-2:45 pm **KOTA Luncheon** (2 CEUs)  
**Awards, Raffle Winners & KOTA Annual Membership Meeting**  
**Madeline Student Award Winner**  
**AOTPAC Update**  
Yvonne Randall, EdD, OTR/L, FAOTA  
**KOTPAC Update**  
Travis Grauerholz, KOTA Lobbyist
- 3:00-5:15 pm BREAKOUT SESSION (2 CEUs)  
**School Based Therapy: Working within a Multi-Tiered System of Support**  
Deanna Thorne, OTD, OTR/L  
**The Bossy Bladder—Pelvic Health**  
Krista Covell, OTR/L, BCB-PMD  
**Understanding Patient Driven Patient Model (PDPM)**  
Sabrena McCarley, MBA-SL, OTR/L, CLIPP, RAC-CT



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 Email - [info@kotaonline.org](mailto:info@kotaonline.org)  
[www.kotaonline.org](http://www.kotaonline.org)

## MEMBERSHIP APPLICATION

### MEMBERSHIP BENEFITS

- Registration Discount at KOTA Conference
- OT Representation of legislative issues
- Online KOTA Directory.... a GREAT Networking tool!
- KOTA's Quarterly Newsletter, *The Connection*
- Access to "Members Only" section of the KOTA website
  
- MEMBERSHIP DOES NOT INCLUDE CEU MANAGEMENT SERVICES

### FIND KOTA ON SOCIAL MEDIA!

FACEBOOK:

Kansas Occupational Therapy

TWITTER:

KANSAS OTA

Your membership is not deductible as a charitable contribution for Federal Income tax purposes. However, payment of membership investments may be deductible as an ordinary and necessary business expense subject to the following restrictions:

Under the Omnibus Budget Reconciliation Act of 1993, **20 percent** of your dues are used for lobbying and not deductible as an ordinary and necessary business expense.

### MEMBER INFORMATION

Please type or print neatly; Fill in all areas:

Name \_\_\_\_\_ License Number \_\_\_\_\_

Home Address \_\_\_\_\_ City, St Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Employer \_\_\_\_\_

**JOIN OR RENEW AND GET A HALF PRICE MEMBERSHIP FOR A FRIEND!**

With any current or new member paying full price get one new membership at half price!

- **Two current members are not eligible for this promotion.**
- Must send both applications in at one time and must note name of second member on each application.

**Name of Second Member:**

### MEMBERSHIP CATEGORIES

**Occupational Therapist**.....\$70.00

New Grad .....\$45.00

(Grad date less than 1 year ago)

School \_\_\_\_\_

Grad Date \_\_\_\_\_

**Occupational Therapy Assistant**.....\$60.00

New Grad .....\$40.00

(Grad date less than 1 year ago)

School \_\_\_\_\_

Grad Date \_\_\_\_\_

**Associate\***.....\$60.00

\* Must show full membership in another OT state association.

**Student\*** .....\$20.00

\* If student, must list school affiliation:

\_\_\_\_\_

### Payment Information

Please fill check out to KOTA

◇ Check                      Check # \_\_\_\_\_

# REGISTRATION

ONLINE REGISTRATION IS AVAILABLE AT: [HTTP://WWW.KOTAONLINE.ORG/EVENTS/](http://www.kotaonline.org/events/)

KS License # \_\_\_\_\_ Name \_\_\_\_\_  
Full Home Address \_\_\_\_\_  
Daytime Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_  
Fax Number \_\_\_\_\_ Email \_\_\_\_\_

<b>CONFERENCE PACKAGE</b>		<b>Early by 8/30</b>	<b>Regular 8/31-9/13</b>	<b>At Door or After 9/13</b>
Includes Thursday night, Friday and Saturday sessions, <b>20 CEUs</b>	KOTA Member	<input type="checkbox"/> \$250	<input type="checkbox"/> \$300	<input type="checkbox"/> \$350
	Non-member	<input type="checkbox"/> \$370	<input type="checkbox"/> \$420	<input type="checkbox"/> \$470

<b>SINGLE-DAY REGISTRATION</b>		<b>Early by 8/30</b>	<b>Regular 8/31-9/13</b>	<b>After 9/13 or At the Door</b>
<b>Thursday Night</b>	<b>Postmarked by:</b> All attendees (2 CEUs)	<input type="checkbox"/> \$90	<input type="checkbox"/> \$100	<input type="checkbox"/> \$110
<b>Friday Only</b>	KOTA Member	<input type="checkbox"/> \$150	<input type="checkbox"/> \$175	<input type="checkbox"/> \$200
	Non-Member	<input type="checkbox"/> \$210	<input type="checkbox"/> \$235	<input type="checkbox"/> \$260
<b>Saturday Only</b>	KOTA Member	<input type="checkbox"/> \$150	<input type="checkbox"/> \$175	<input type="checkbox"/> \$200
	Non-Member	<input type="checkbox"/> \$210	<input type="checkbox"/> \$235	<input type="checkbox"/> \$260

**CEUs will be awarded according to registered hours by participant.** All sessions, including working lunches, are included in registration fee.

**SPECIAL NEEDS/ACCOMMODATIONS**  
We will make every effort to meet your special needs. Please contact Judy Swanson ([judy@kotaonline.org](mailto:judy@kotaonline.org)) at the KOTA office to request special accommodations.  
If you would like a vegetarian or gluten-free lunch, please check below.  
 Vegetarian Lunch       Gluten-Free Lunch

**PAYMENT INFORMATION**  
 Check Enclosed     Visa     MasterCard     Discover  
Card Number \_\_\_\_\_ Exp \_\_\_\_\_  
Name on card \_\_\_\_\_ Signature \_\_\_\_\_

**CANCELLATION POLICY:** *Deadline for refund/cancellation requests is September 12. Notice of refunds received by September 12 will be given less a \$25 administrative fee. **ABSOLUTELY NO REFUNDS** will be issued after September 13, 2019.*

Return registration and payment to  
KOTA, 825 S. Kansas Avenue, Suite 500, Topeka, Kansas 66612  
or Register Online at: <http://www.kotaonline.org/events/conference.htm>