



KOTA ANNUAL CONFERENCE
September 14 - 16, 2023
DoubleTree by Hilton
Lawrence, Kansas

WELCOME

Welcome to the 2023 KOTA Annual Conference!

Conference highlights include:

- Receive up to **20 CEUs** for a very low cost to meet your licensing needs for the 2023-2025 cycle.
- **Breakfast and Lunch** provided Friday, **Breakfast** provided Saturday.
- Win many fabulous **door prizes** and participate in the **raffle** to benefit the Gloria Scammahorn Memorial Endowed Scholarship Fund, OT and OTA education programs, and KOTA endeavors.

A NOTE FROM THE CONFERENCE CHAIR



Welcome to the 2023 KOTA annual conference. I am excited to continue our hybrid conference with virtual and in-person courses offered during "Conference Week". Again we are offering 5 hours of virtual sessions, which will be held in the evenings of Sept 11-13 (times pending). In-person courses will be offered Thursday evening, September 14, all day Friday, September 15, and ½ day Saturday, September 16. We will have special pricing if you can only attend virtually this year, and attendees registered for the entire conference will have access to the virtual sessions automatically. Again this year, we are making minor changes to the conference layout and format. We look forward to hearing feedback after the conference.

This year's theme is "Combating Burnout." Burnout is real and evident in our profession and is a common theme discussed sadly in many occupations. I can account for what I have seen and heard from others and in my professional life. Throughout this conference, we will define what Burnout is, including what this looks like, and offer practical solutions for handling the effects of this.

Be sure to follow us on social media as we will update you in the weeks leading up to the conference with sneak peeks of speakers and provide more information regarding conference week.

I want to thank this year's conference committee members: Marnie Selstedt, Lynette Hofer, John Simard II, Kaitlin Hoelting, and Stacey Childers-Teeple.

Final details for the 2024 Conference are being confirmed and announced at this year's conference. HINT: The location will be Manhattan; however exact location pending.

Links to the virtual sessions will be emailed to you by September 8, 2023. Please be prepared to enter your name, email address, and Kansas license number.

I look forward to meeting everyone this year! Don't hesitate to contact me at amyadamsonot@gmail.com with any questions, concerns, or suggestions.

Amy Adamson
KOTA Education Officer
Conference Chair

HOTEL ACCOMMODATIONS

DOUBLETREE BY HILTON LAWRENCE

200 McDonald Drive
Lawrence, KS 66044

Room reservations are available at the DoubleTree at a rate of \$119.00 per night. Please use the following link to reserve your room(s) online [DoubleTree by Hilton in Lawrence - KOTA](#). The cutoff date for our room block is **August 22, 2023**, make your reservations today!

CONFERENCE AT A GLANCE

Monday, September 11

6:00-8:00 pm VIRTUAL SESSION
(2 CEUs)
Executive Function for OTs – Getting Kids on Track with the Train Model
Cara Koscinski, OTD, MOT, OTR/L, CAS

Tuesday, September 12

6:00-8:00 pm VIRTUAL SESSION (2 CEUs)
Finding Your Voice: The Underrecognition of OT and Addressing it in Daily Practice
Kimberly Breeden, MS, OTR/L
Niccole Rowe, BA, COTA/L

Wednesday, September 13

6:00-7:00 pm VIRTUAL SESSION (1 CEU)
Growing Your Business with Novel, Functional Solutions for Finger and Partial-Hand Amputees
Kaitlyn Keeling – Midwest Education Outreach Specialist

Thursday, September 14

5:00-6:00 pm **Registration**
5:00-6:00 pm **Welcome and Conference Info**
Let's Talk About Burnout
(1 CEU)
KOTA Conference Committee Members
6:00-7:00 pm **KEYNOTE: Find Your Day**
(1 CEU)
Mark Mayfield

Friday, September 15

7:00-8:00 am **Registration & Continental Breakfast**
8:00-9:00 am **KEYNOTE--"Occupational Therapy Burnout: It's Time to Extinguish the Flames and Reignite Passion in Practice"**
(1 CEU)
Susan Lingelbach, OTD, MA, OTR/L
9:15 am-11:00 am BREAKOUT SESSIONS
(1.5 CEUs)
Compassion Fatigue & Caregiver Burnout: Working Together to Work Through Part 1
Melissa Tilton, OTA, MS, COTA, ROH
A New Practitioner's Guide to Teletherapy
Kami Bible, OTR/L, MBA
Myofascial Release-Part 1 Lecture
Jan Kelly, OTR/L; LMT
11:15-12:20 pm **LUNCH and LEARN - Posters Presenters**
(1 CEU)
12:30-2:15 pm BREAKOUT SESSION
(1.5 CEUs)
Compassion Fatigue & Caregiver Burnout: Working Together to Work Through Part 2
Melissa Tilton, OTA, MS, COTA, ROH
A New Practitioner's Guide to the IEP Process
Kami Bible, OTR/L, MBA
Myofascial Release-Part 2 Lab
Jan Kelly, OTR/L; LMT

2:30-3:30 pm BREAKOUT SESSION (1 CEU)
Occupational Therapy in Operating Room: An Emerging and Distinct Role in Collaborative Burn Care Practice: A Case Study
Allen R Espelita, OTD, OTR/L, C/NDT, CEAS I, PAM
Promoting Best Practices in Pediatric Physical Activity: One Step at a Time
Joan Ziegler Delahunt, OTD, MS, OTR/L
Colleen Clasen, OTS
Katie Craig OTS, Aubree Knetter, OTS
Ellen Kyriakos, OTS
Activity Analysis: OTPs this is our JAM
John Simard II OTA/L
3:40-5:10 pm BREAKOUT SESSION
(1.5 CEUs)
Treating Constipation
Trisha McCulloch, PT, DPT, CSCS
Using the Flipped Classroom Model...
Renee Rains, OTD, MOT, OTR/L
Scar Goniometry
Traci Edwards OTR/L
Anne Schwartz DPT
5:20-6:20 pm BREAKOUT SESSION
(1 CEU)
I Love What I Do But I Don't Love My Job: Identifying Burnout, Finding Strategies, and Advocating in the Workplace
Natalie Scott, OTD, OTR/L
Welcome to Adulting! Lessons Learned from a Transitions IADL Program
Katherine Ryan-Bloomer, PhD, OTR/L and Students
Understanding Social Determinants of Health and the Role of the Occupational Therapy Practitioner
Sabrena McCarley, MBA-SL, OTR/L, CLIPP, RAC-CT, QCP, FAOTA

(Continued on next page)

CONFERENCE AT A GLANCE (CONTINUED)

Saturday, September 16

7:00-8:00 am	Registration and Continental Breakfast
8:00-9:00 am	KEYNOTE: Alyson D Stover--TITLE PENDING (1 CEU) Alyson D. Stover, MOT, JD, OTR/L, BCP; AOTA President
9:15 am-11:30 am	BREAKOUT SESSION (2 CEUs) What is the Evidence Telling me and How do I Become an Evidence Detective? Andrea Melanson, OTD, OTR/L; Kelli Ott, OTD OTR/L Making Outcomes Visible Everyday in Our Lives as Pediatric Occupational Therapists Kori Turney, OTR/L Avoid Burnout and Add Wheelchair Evals to Your Toolbox! Brandie Archie, OTD, OTR/L, CLIPP, CLVT
11:30 am -1:30 pm	KOTA Meeting (2 CEUs) Awards, Raffle Winners & KOTA Annual Membership Meeting Gloria Scammahorn Memorial Scholarship AOTPAC Update Speaker TBA KOTPAC Update Speaker TBA



825 S. Kansas Ave., Ste. 500
Topeka, KS 66612
Phone: 785-232-8044

info@kotaonline.org • www.kotaonline.org

MEMBERSHIP APPLICATION

MEMBERSHIP BENEFITS

- Discounted registration at KOTA's annual conference
 - Free access to KOTA district-hosted CE courses (virtual or in-person)
 - OT representation on legislative & regulatory issues
 - Weekly reports during the Kansas legislative session
 - KOTA's quarterly newsletter, *The Connection*
 - Access to members-only content on the KOTA website
- MEMBERSHIP DOES NOT INCLUDE CEU MANAGEMENT SERVICES

FIND KOTA ON SOCIAL MEDIA!

FACEBOOK:

Kansas Occupational Therapy Association

TWITTER:

@ksotassociation

INSTAGRAM:

@ksotassociation

Your membership is not deductible as a charitable contribution for federal income-tax purposes. However, payment of membership investments may be deductible as a business expense subject to restrictions. Consult your tax advisor.

Under the Omnibus Budget Reconciliation Act of 1993, 20% of your dues are used for lobbying and are not deductible as a business expense.

MEMBER INFORMATION

Please type or print neatly. Fill in all areas.

Name _____ KSBHA license # _____

Home address _____ City, State, ZIP _____

Home phone _____ Cell phone _____

E-mail address _____

Employer _____

MEMBERSHIP CATEGORIES

Occupational Therapist.....\$70.00

“Welcome to Kansas OT” rate\$35.00
(Graduation date or first Kansas license less than 2 years ago)

School _____

Grad/1st KSBHA license date _____

Occupational Therapy Assistant.....\$60.00

“Welcome to Kansas OT” rate\$30.00
(Graduation date or first Kansas license less than 2 years ago)

School _____

Grad/1st KSBHA license date _____

Associate.....\$60.00

(Interested in promoting OT but not eligible for voting membership.)

Student\$20.00 School _____

Retired\$35.00 (OT) / \$30.00 (OTA)

*** Offers of discounted memberships do **not** combine. ***

Payment Information

Please make check payable to **KOTA** or join with a credit card at kotaonline.org/Join-KOTA

◇ Check Check # _____

REGISTRATION

ONLINE REGISTRATION IS AVAILABLE AT: [HTTP://WWW.KOTAONLINE.ORG/EVENTS/](http://www.kotaonline.org/events/)

KS License # _____ Name _____

Full Home Address _____

Daytime Phone _____ Evening Phone _____

Fax Number _____ Email _____

CONFERENCE PACKAGE

Includes Monday, Tuesday, Wednesday
VIRTUAL sessions (5 CEUs) and
Thursday night, Friday, Saturday IN PERSON
sessions (15 CEUs)

	Early by 8/21	Regular 8/22-9/1	After 9/1 or At Door
KOTA Member	<input type="checkbox"/> \$300	<input type="checkbox"/> \$350	<input type="checkbox"/> \$400
Non-member	<input type="checkbox"/> \$420	<input type="checkbox"/> \$470	<input type="checkbox"/> \$520

SINGLE-DAY REGISTRATION

	Postmarked by:	Early 8/21	Regular 8/22-9/1	After 9/1 or At the Door
Thursday Night	All attendees (2 CEUs)	<input type="checkbox"/> \$140	<input type="checkbox"/> \$150	<input type="checkbox"/> \$160
Friday Only	KOTA Member	<input type="checkbox"/> \$200	<input type="checkbox"/> \$225	<input type="checkbox"/> \$250
	Non-Member	<input type="checkbox"/> \$260	<input type="checkbox"/> \$285	<input type="checkbox"/> \$310
Saturday Only	KOTA Member	<input type="checkbox"/> \$175	<input type="checkbox"/> \$200	<input type="checkbox"/> \$225
	Non-Member	<input type="checkbox"/> \$240	<input type="checkbox"/> \$260	<input type="checkbox"/> \$285
Virtual Only	KOTA Member	<input type="checkbox"/> \$125 (one price, all virtual sessions included)		
	Non-Member	<input type="checkbox"/> \$150 (one price, all virtual sessions included)		

CEUs will be awarded according to registered hours by participant. All sessions, including working lunch, are included in registration fee.

LUNCH ACCOMMODATIONS

We will make every effort to meet your boxed lunch request, but please note that this is not a guaranteed meal type: Please select your preference:

- Chicken Cesar Wrap Ham & Swiss Croissant Turkey & Swiss on Wheat
 Vegetarian Gluten-Free

PAYMENT INFORMATION

Total Due \$ _____

Check Enclosed (payable to KOTA) Credit Card: Email address _____

If you'd like to pay by card, please check the box above and enter the email you'd like us to send the invoice to. It will have a secure link to our processing site so you can enter your card information to complete the transaction.

**ONLINE REGISTRATION IS PREFERRED, HOWEVER IF YOU PREFER TO MAIL YOUR REGISTRATION IN
PLEASE SEND TO THE ADDRESS BELOW**

**CANCELLATION POLICY: Deadline for refund/cancellation requests is September 4 Notice of refunds received by
September 4 will be given, less a \$25 administrative fee.
ABSOLUTELY NO REFUNDS will be issued after September 4, 2023.**

Return registration and payment to
KOTA, 825 S. Kansas Avenue, Suite 500, Topeka, Kansas 66612
or Register Online at: <http://www.kotaonline.org/events>